

## **St Francis Admonition Day 24.**

### **Of the Happy and the Vain Religious.**

Blessed is that religious who feels no pleasure, or joy, save in most holy conversation and the works of the Lord.

Who by these means leads others in joy and gladness to the love of God. Woe to that religious who takes delight in idle and vain words. Who by this means, provokes others to laughter.