### **Monday Prime**

### Opening Prayer

In the Name of the Father, Son and Holy Spirit.

Blessed be the one holy and living God.

We worship you O Christ, here and at all your churches which are in all the world. We bless you, for, by your holy cross you have redeemed the world. Amen

### Our Vocational Prayer (required)

Most High Glorious God, enlighten the darkness in our hearts.

Create in us, genuine faith, certain hope and flawless love,

Lord, grant us wisdom and understanding, so that in all things, we may fulfil your holy and perfect will. Amen

### Praises said at all hours (required)

Holy, Holy, Lord God Almighty, who is and who was and who is to come.

Worthy art Thou, O Lord, our God, to receive praise, glory and honour and benediction.

## Let us praise and exalt Him above all forever.

The Lamb that was slain is worthy to receive power and divinity and wisdom and strength and honour and benediction.

Let us bless the Father and the Son with the Holy Spirit.

# Let us praise and exalt Him above all forever.

All ye works of the Lord, bless ye the Lord.

Give praise to God all ye His servants and you that fear Him, little and great.

# Let us praise and exalt Him above all forever.

Let the heavens and the earth praise Him, the Glorious, and let every creature which is in heaven and on earth and under the earth, in the seas and all that are in them praise and exalt Him.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Let us praise and exalt Him above all forever.

## Short period of silence

# Benedictus (optional)

Holy is the God of Israel, God has drawn near and saved the people,

The Lord has brought a mighty Redeemer from David's heritage, honouring the word, that was delivered by the prophets of old: That we will be delivered from our foes, and those that revile and reject us.

Completing the mercy promised to our ancestors, for God has remembered the holy covenant,

the vow made to Abraham,

that being safe we can serve the Almighty free of fear, in holiness and integrity for all our days.

You child, will be God's prophet, preparing the path for the Lord Giving God's people the news of their deliverance by the forgiveness of their sins.

With caring mercy God's loving dawn will shine on us, giving radiance to those in death's sinful shadow, leading them, onto the path of peace.

### From the Office's of the Church or as desired.

1st Reading of the day (optional)

Psalm of the day (required)

2<sup>nd</sup> Reading of the Day (optional)

Gospel of the Day (required)

## Francis' Psalm according to the hours. (required)

Season	Psalm
Advent to Nativity	3
Nativity to Epiphany (Christmas Season)	15
Epiphany to Lent	3
Lent	3
Easter to Pentecost	3
Pentecost to Advent	3

#### Biblical Psalm

#### Psalm 5

- 1 Ponder my words, O Lord \* consider my meditation
- O hearken thou unto the voice of my calling, my King, and my God \* for unto thee will I make my prayer.
- My voice shalt thou hear betimes, O Lord \* early in the morning will I direct my prayer unto thee, and will look up.

- For thou art the God that hast no pleasure in wickedness \* neither shall any devil dwell with thee.
- 5 Such as be foolish shall not stand in thy sight \* for thou hatest all of them that work vanity.
- Thou shalt destroy them that speak leasing \* the Lord will abhor both the blood-thirsty and deceitful man.
- But as for me, I will come into thine house, even upon the multitude of thy mercy \* and in thy fear, will I worship toward thy holy temple.
- 8 Lead me, O Lord, in thy righteousness, because of mine enemies \* make thy way plain before my face.
- 9 For there is no faithfulness in his mouth \* their inward parts are very wickedness.
- 10 Their throat is an open sepulchre \* they flatter with their tongue.
- Destroy thou them, O God; let them perish through their own imaginations \* cast them out in the multitude of their ungodliness; for they have rebelled against thee.
- And let all them that put their trust in thee rejoice \* they shall ever be giving of thanks, because thou defendest them; they that love thy Name shall be joyful in thee;
- For thou, Lord, wilt give thy blessing unto the righteous \* and with thy favourable kindness wilt thou defend him as with a shield.

## At the conclusion of the Psalm say:

Glory to God, Creator, Redeemer, Consoler and Our Saviour. As it was in the beginning, is now and shall be forevermore. Amen.

# Intercessions (required)

## The Our Father (required)

Our Father, who is in heaven, holy is your name; your kingdom come, your will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our sins, as we forgive those who sin against us. Save us when we are tempted and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever. Amen

Admonitions according to the date. (required) At the conclusion of the Admonition say

For the words of our Holy Father, St Francis of Assisi, we give thanks to God.

Today's reading from the Rule of Life (required)

# Prayer at end of office (required)

Let us bless the Lord God, living and true; let us always return unto Him praise, glory, honour, blessing and all good things.

Amen. Amen.

Let it be. Let it be.