

## **Friday Prime**

### *Opening Prayer*

**In the Name of the Father, Son and Holy Spirit.**

**Blessed be the one holy and living God.**

**We worship you O Christ, here and at all your churches which are in all the world. We bless you, for, by your holy cross you have redeemed the world. Amen**

### *Our Vocational Prayer (required)*

**Most High Glorious God, enlighten the darkness in our hearts.**

**Create in us, genuine faith, certain hope and flawless love,**

**Lord, grant us wisdom and understanding, so that in all things, we may fulfil your holy and perfect will. Amen**

### *Praises said at all hours (required)*

Holy, Holy, Holy, Lord God Almighty, who is and who was and who is to come.

Worthy art Thou, O Lord, our God, to receive praise, glory and honour and benediction.

**Let us praise and exalt Him above all forever.**

The Lamb that was slain is worthy to receive power and divinity and wisdom and strength and honour and benediction.

Let us bless the Father and the Son with the Holy Spirit.

**Let us praise and exalt Him above all forever.**

All ye works of the Lord, bless ye the Lord.

Give praise to God all ye His servants and you that fear Him, little and great.

**Let us praise and exalt Him above all forever.**

Let the heavens and the earth praise Him, the Glorious, and let every creature which is in heaven and on earth and under the earth, in the seas and all that are in them praise and exalt Him.

Glory be to the Father, and to the Son, and to the Holy Spirit.

**Let us praise and exalt Him above all forever.**

### *Short period of silence*

*Benedictus (optional)*

Holy is the God of Israel, God has drawn near and saved the people,  
The Lord has brought a mighty Redeemer from David's heritage,  
honouring the word, that was delivered by the prophets of old:  
That we will be delivered from our foes, and those that revile and reject us.

Completing the mercy promised to our ancestors, for God has remembered the holy covenant,  
the vow made to Abraham,  
that being safe we can serve the Almighty free of fear,  
in holiness and integrity for all our days.

You child, will be God's prophet, preparing the path for the Lord  
Giving God's people the news of their deliverance by the forgiveness of their sins.

With caring mercy God's loving dawn will shine on us,  
giving radiance to those in death's sinful shadow, leading them, onto the path of peace.

*From the Office's of the Church or as desired.*

1<sup>st</sup> Reading of the day (optional)

Psalm of the day (required)

2<sup>nd</sup> Reading of the Day (optional)

Gospel of the Day (required)

*Francis' Psalm according to the hours. (required)*

<i>Season</i>	<i>Psalm</i>
Advent to Nativity	3
Nativity to Epiphany (Christmas Season)	15
Epiphany to Lent	3
Lent	3
Easter to Pentecost	3
Pentecost to Advent	3

*Biblical Psalms*

**Psalm 65**

- 1      Thou, O God, art praised in Sion \* and unto thee shall the vow be performed in Jerusalem.
- 2      Thou that hearest the prayer \* unto thee shall all flesh come.
- 3      My misdeeds prevail against me \* O be thou merciful unto our sins.

- 4 Blessed is the man whom thou choosest, and receivest unto thee \* he shall dwell in thy court, and shall be satisfied with the pleasures of thy house, even of thy holy temple.
- 5 Thou shalt shew us wonderful things in thy righteousness, O God of our salvation \* thou that art the hope of all the ends of the earth, and of them that remain in the broad sea.
- 6 Who in his strength setteth fast the mountains \* and is girded about with power.
- 7 Who stilleth the raging of the sea \* and the noise of his waves, and the madness of the people.
- 8 They also that dwell in the uttermost parts of the earth shall be afraid at thy tokens \* thou that makest the outgoings of the morning and evening to praise thee.
- 9 Thou visitest the earth, and blessest it \* thou makest it very plenteous.
- 10 The river of God is full of water \* thou preparest their corn, for so thou providest for the earth.
- 11 Thou waterest her furrows, thou sendest rain into the little valleys thereof \* thou makest it soft with the drops of rain, and blessest the increase of it.
- 12 Thou crownest the year with thy goodness \* and thy clouds drop fatness.
- 13 They shall drop upon the dwellings of the wilderness \* and the little hills shall rejoice on every side.
- 14 The folds shall be full of sheep \* the valleys also shall stand so thick with corn, that they shall laugh and sing.

*At the conclusion of the Psalm say:*

**Glory to God, Creator, Redeemer, Consoler and Our Saviour.  
As it was in the beginning, is now and shall be forevermore. Amen.**

*Intercessions (required)*

*The Our Father (required)*

**Our Father, who is in heaven, holy is your name; your kingdom come,  
your will be done on earth as it is in heaven.  
Give us this day our daily bread, and forgive us our sins, as we forgive  
those who sin against us. Save us when we are tempted and deliver us  
from evil.**

**For the kingdom, the power and the glory are yours, now and forever.  
Amen**

*Admonitions according to the date. (required)*

*At the conclusion of the Admonition say*

**For the words of our Holy Father, St Francis of Assisi, we give thanks to  
God.**

*Today's reading from the Rule of Life (required)*

*Prayer at end of office (required)*

Let us bless the Lord God, living and true; let us always return unto Him  
praise, glory, honour, blessing and all good things.

**Amen. Amen.**

**Let it be. Let it be.**