

Tuesday Matins

Opening Prayer

In the Name of the Father, Son and Holy Spirit.

Blessed be the one holy and living God.

We worship you O Christ, here and at all your churches which are in all the world. We bless you, for, by your holy cross you have redeemed the world. Amen

Our Vocational Prayer (required)

Most High Glorious God, enlighten the darkness in our hearts.

Create in us, genuine faith, certain hope and flawless love,

Lord, grant us wisdom and understanding, so that in all things, we may fulfil your holy and perfect will. Amen

Praises said at all hours (required)

Holy, Holy, Holy, Lord God Almighty, who is and who was and who is to come.

Worthy art Thou, O Lord, our God, to receive praise, glory and honour and benediction.

Let us praise and exalt Him above all forever.

The Lamb that was slain is worthy to receive power and divinity and wisdom and strength and honour and benediction.

Let us bless the Father and the Son with the Holy Spirit.

Let us praise and exalt Him above all forever.

All ye works of the Lord, bless ye the Lord.

Give praise to God all ye His servants and you that fear Him, little and great.

Let us praise and exalt Him above all forever.

Let the heavens and the earth praise Him, the Glorious, and let every creature which is in heaven and on earth and under the earth, in the seas and all that are in them praise and exalt Him.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Let us praise and exalt Him above all forever.

Short period of silence

Francis' Psalm according to the hours. (required)

<i>Season</i>	<i>Psalm</i>
Advent to Nativity	14
Nativity to Epiphany (Christmas Season)	15
Epiphany to Lent	9
Lent	2
Easter Day	2
Easter to Pentecost	9
Pentecost to Advent	2

Biblical Psalm

Psalm 38

- 1 Put me not to rebuke, O Lord, in thine anger * neither chasten me in thy heavy displeasure.
- 2 For thine arrows stick fast in me * and thy hand presseth me sore.
- 3 There is no health in my flesh, because of thy displeasure * neither is there any rest in my bones, by reason of my sin.
- 4 For my wickednesses are gone over my head * and are like a sore burden, too heavy for me to bear.
- 5 My wounds stink, and are corrupt * through my foolishness.
- 6 I am brought into so great trouble and misery * that I go mourning all the day long.
- 7 For my loins are filed with a sore disease * and there is no whole part in my body.
- 8 I am feeble, and sore smitten * I have roared for the very disquietness of my heart.
- 9 Lord, thou knowest all my desire * and my groaning is not hid from thee.
- 10 My heart panteth, my strength hath failed me * and the sight of mine eyes is gone from me.
- 11 My lovers and my neighbours did stand looking upon my trouble * and my kinsmen stood afar off.
- 12 They also that sought after my life laid snares for me * and they that went about to do me evil talked of wickedness, and imagined deceit all the day long.
- 13 As for me I was like a deaf man, and heard not* and as one that is dumb, who doth not open his mouth.
- 14 I became even as a man that heareth not * and in whose mouth are no reproofs.

- 15 For in thee, O Lord, have I put my trust * thou shalt answer for me, O Lord my God.
- 16 I have required that they, even mine enemies should not triumph over me * for when my foot slipped, they rejoiced greatly against me.
- 17 And I, truly, am set in the plague * and my heaviness is ever in my sight.
- 18 For I will confess my wickedness * and be sorry for my sin.
- 19 But mine enemies live, and are mighty * and they that hate me wrongfully are many in number.
- 20 They also that reward evil for good are against me * because I follow the thing that good is.
- 21 Forsake me not, O Lord my God * be not thou far from me.
- 22 Haste thee to help me * O Lord God of my salvation.

At the conclusion of the Psalm say:

Glory to God, Creator, Redeemer, Consoler and Our Saviour.

As it was in the beginning, is now and shall be forevermore. Amen.

Intercessions (required)

The Our Father (required)

Our Father, who is in heaven, holy is your name; your kingdom come, your will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our sins, as we forgive those who sin against us. Save us when we are tempted and deliver us from evil.

For the kingdom, the power and the glory are yours, now and forever.

Amen

Prayer at end of office (required)

Let us bless the Lord God, living and true; let us always return unto Him praise, glory, honour, blessing and all good things.

Amen. Amen.

Let it be. Let it be.