

Saturday Matins

Opening Prayer

In the Name of the Father, Son and Holy Spirit.

Blessed be the one holy and living God.

We worship you O Christ, here and at all your churches which are in all the world. We bless you, for, by your holy cross you have redeemed the world. Amen

Our Vocational Prayer (required)

Most High Glorious God, enlighten the darkness in our hearts.

Create in us, genuine faith, certain hope and flawless love,

Lord, grant us wisdom and understanding, so that in all things, we may fulfil your holy and perfect will. Amen

Praises said at all hours (required)

Holy, Holy, Holy, Lord God Almighty, who is and who was and who is to come.

Worthy art Thou, O Lord, our God, to receive praise, glory and honour and benediction.

Let us praise and exalt Him above all forever.

The Lamb that was slain is worthy to receive power and divinity and wisdom and strength and honour and benediction.

Let us bless the Father and the Son with the Holy Spirit.

Let us praise and exalt Him above all forever.

All ye works of the Lord, bless ye the Lord.

Give praise to God all ye His servants and you that fear Him, little and great.

Let us praise and exalt Him above all forever.

Let the heavens and the earth praise Him, the Glorious, and let every creature which is in heaven and on earth and under the earth, in the seas and all that are in them praise and exalt Him.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Let us praise and exalt Him above all forever.

Short period of silence

Francis' Psalm according to the hours. (required)

<i>Season</i>	<i>Psalm</i>
Advent to Nativity	14
Nativity to Epiphany (Christmas Season)	15
Epiphany to Lent	9
Lent	2
Easter Day	2
Easter to Pentecost	9
Pentecost to Advent	2

Biblical Psalms

Psalm 143

- 1 Hear my prayer, O Lord, and consider my desire * hearken unto me for thy truth and righteousness' sake.
- 2 And enter not into judgement with thy servant * for in thy sight shall no man living be justified.
- 3 For the enemy hath persecuted my soul; he hath smitten my life down to the ground * he hath laid me in the darkness, as the men that have been long dead.
- 4 Therefore is my spirit vexed within me * and my heart within me is desolate.
- 5 Yet do I remember the time past; I muse upon all thy works * yea, I exercise myself in the works of thy hands.
- 6 I stretch forth my hands unto thee * my soul gaspeth unto thee as a thirsty land.
- 7 Hear me, O Lord, and that soon, for my spirit waxeth faint * hide not thy face from me, lest I be like unto them that go down into the pit.
- 8 O let me hear thy loving-kindness betimes in the morning, for in thee is my trust * shew thou me the way that I should walk in, for I lift up my soul unto thee.
- 9 Deliver me, O Lord, from mine enemies * for I flee unto thee to hide me.
- 10 Teach me to do a thing that pleaseth thee, for thou art my God * let thy loving Spirit lead me forth into the land of righteousness.
- 11 Quicken me, O Lord, for thy Name's sake * and for thy righteousness' sake bring my soul out of trouble.
- 12 And of thy goodness slay mine enemies * and destroy all them that vex my soul ; for I am thy servant.

At the conclusion of the Psalm say:

**Glory to God, Creator, Redeemer, Consoler and Our Saviour.
As it was in the beginning, is now and shall be forevermore. Amen.**

Intercessions (required)

The Our Father (required)

**Our Father, who is in heaven, holy is your name; your kingdom come,
your will be done on earth as it is in heaven.**

**Give us this day our daily bread, and forgive us our sins, as we forgive
those who sin against us. Save us when we are tempted and deliver us
from evil.**

**For the kingdom, the power and the glory are yours, now and forever.
Amen**

Prayer at end of office (required)

**Let us bless the Lord God, living and true; let us always return unto Him
praise, glory, honour, blessing and all good things.**

Amen. Amen.

Let it be. Let it be.