

Monday Matins

Opening Prayer

In the Name of the Father, Son and Holy Spirit.

Blessed be the one holy and living God.

We worship you O Christ, here and at all your churches which are in all the world. We bless you, for, by your holy cross you have redeemed the world. Amen

Our Vocational Prayer (required)

Most High Glorious God, enlighten the darkness in our hearts.

Create in us, genuine faith, certain hope and flawless love,

Lord, grant us wisdom and understanding, so that in all things, we may fulfil your holy and perfect will. Amen

Praises said at all hours (required)

Holy, Holy, Holy, Lord God Almighty, who is and who was and who is to come.

Worthy art Thou, O Lord, our God, to receive praise, glory and honour and benediction.

Let us praise and exalt Him above all forever.

The Lamb that was slain is worthy to receive power and divinity and wisdom and strength and honour and benediction.

Let us bless the Father and the Son with the Holy Spirit.

Let us praise and exalt Him above all forever.

All ye works of the Lord, bless ye the Lord.

Give praise to God all ye His servants and you that fear Him, little and great.

Let us praise and exalt Him above all forever.

Let the heavens and the earth praise Him, the Glorious, and let every creature which is in heaven and on earth and under the earth, in the seas and all that are in them praise and exalt Him.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Let us praise and exalt Him above all forever.

Short period of silence

Francis' Psalm according to the hours. (required)

<i>Season</i>	<i>Psalm</i>
Advent to Nativity	14
Nativity to Epiphany (Christmas Season)	15
Epiphany to Lent	2
Lent	2
Easter Day	2
Easter to Pentecost	9
Pentecost to Advent	2

Biblical Psalm

Psalm 32

- 1 Blessed is he whose unrighteousness is forgiven * and whose sin is covered.
- 2 Blessed is the man unto whom the Lord imputeth no sin * and in whose spirit there is no guile.
- 3 For while I held my tongue * my bones consumed away through my daily complaining.
- 4 For thy hand is heavy upon me day and night * and my moisture is like the drought in summer.
- 5 I will acknowledge my sin unto thee * and mine unrighteousness have I not hid.
- 6 I said, I will confess my sins unto the Lord * and so thou forgavest the wickedness of my sin.
- 7 For this shall every one that is godly make his prayer unto thee, in a time when thou mayest be found * but in the great water-floods they shall not come nigh him.
- 8 Thou art a place to hide me in, thou shalt preserve me from trouble * thou shalt compass me about with songs of deliverance.
- 9 I will inform thee, and teach thee in the way wherein thou shalt go * and I will guide thee with mine eyes.
- 10 Be ye not like to horse and mule, which have no understanding * whose mouths must be held with bit and bridle lest they fall upon thee.
- 11 Great plagues remain for the ungodly * but whoso putteth his trust in the Lord, mercy embraceth him on every side.
- 12 Be glad, O ye righteous, and rejoice in the Lord * and be joyful, all ye that are true of heart.

At the conclusion of the Psalm say:

**Glory to God, Creator, Redeemer, Consoler and Our Saviour.
As it was in the beginning, is now and shall be forevermore. Amen.**

Intercessions (required)

The Our Father (required)

**Our Father, who is in heaven, holy is your name; your kingdom come,
your will be done on earth as it is in heaven.**

**Give us this day our daily bread, and forgive us our sins, as we forgive
those who sin against us. Save us when we are tempted and deliver us
from evil.**

**For the kingdom, the power and the glory are yours, now and forever.
Amen**

Prayer at end of office (required)

**Let us bless the Lord God, living and true; let us always return unto Him
praise, glory, honour, blessing and all good things.**

Amen. Amen.

Let it be. Let it be.